

Hockey DXB @ VHPS

OUR PROGRAM:

- Your child is trained in groups suited to their age and ability.
- All sessions are grounded on the fundamental skills of hockey while continuously reinforcing the basics.
- We limit to 15 per coach which allows the contact time your child needs to progress and develop.
- Our coach is England Hockey Board qualified with a vast experience level and content knowledge developed from playing at an international level.
- Our session aims to challenge multiple components of fitness and is perfect for developing the motor skills required for a base in all sports.
- This allows the correct core skill development ultimately engaging in tournaments revolved around Hockey DXB's fast paced Rush hockey 5-a-side version of the game, this way each child gets more touches on the ball with small sided game play acting as the forefront for skill acquisition

For any more info or how to sign up feel free to contact our head coach Ally

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E: contact@sportsdxb.com or ally@hockeydxb.com

W: www.hockeydxb.com

VAT
inc.

PRICING

10 Sessions for AED850

EQUIPMENT

Included in this each child is given a Hockey DXB playing shirt and shorts on registration!

And don't worry about buying yourself all the gear, we've got it all.

New for this year is the 2017 range of Brabo sticks in 5 different sizes so there is always a suitable stick

Hockey DXB shirt and shorts on registration!

