

The Tudors | Year 4 | Autumn 1

Important people	
Henry VII	Henry VII was the first Tudor monarch, after winning the Battle of Bosworth Field. He married Elizabeth of York to end the war. He made England rich during his reign.
Henry VIII	Henry VIII is famous for having six wives (including having two of them executed) and bringing England away from the Catholic church. He formed the Church of England.
Edward VI	Edward VI came to the throne at only 9 years of age. Therefore, the country was run by his protectors, firstly the Duke of Somerset and then the Duke of Northumberland.
Mary I	Mary I was Henry VIII's first daughter. She aggressively tried to return England to Rome and Catholicism, burning those against her on the stake and earning the name 'Bloody Mary.'
Elizabeth I	Henry VIII's second daughter, Elizabeth turned the country Protestant again. She had a long and successful reign, including the defeat of the Spanish Armada in 1588.

Henry VIII's wives in order:

Catherine of Aragon Divorced

Anne Boleyn Beheaded

Jane Seymour Died

Anne of Cleves Divorced

Catherine Howard Beheaded

Catherine Parr Survived

Life in Tudor times

Rich Rich Tudors enjoyed much better food than the poor. Popular foods among the wealthy included: venison (meat from a deer), fish, robins, badgers, otters and good French wine. Rich Tudors often used gold or silver plates, and silver or pewter spoons. Wealthy Tudors were able to enjoy various sports and pastimes that the poor could not afford or weren't legally allowed to play. These included hunting, jousting, falconry, tennis and bowls.

Poor The poor had to work hard and struggled to survive. Many poor people lived in villages doing farm work or making cloth in their own homes for very little pay. They worked six days a week and only had holy days and public holidays off work. The poor living in cities survived on bread made from flour in mills alive with rats, and pies filled with spiced meats to disguise the fact that the meat was 'off'. Those living in the country had a little more choice because they could eat the wheat and oats grown in the fields and fresh meat from hares and rabbits.