



# External Extra Curricular Activities

at VICTORY HEIGHTS PRIMARY  
SCHOOL



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## **Victory Heights Primary School - Term 3 ECA - Terms and Conditions**

### **1. Refund Policy:**

Refunds will be processed within 21 working days from the submission of the required account details.

### **2. Cancelled Sessions:**

If a session is cancelled, we will either offer a make-up session or provide a refund. Please note that refunds are applicable only when the cancellation is made by the school or the provider.

### **3. Minimum Registration Requirement:**

The provider reserves the right to cancel sessions if the minimum registration is not met. In such cases, a full refund will be provided.

### **4. Provider Contact:**

The provider will be the first point of contact for any queries regarding the activity.

### **5. Payment Instructions:**

All payments must be made through the provided payment link. For assistance with the payment process, please contact us via WhatsApp at 0553911074.

### **6. Feedback and Complaints:**

For any complaints or suggestions, please email us at [nashad@infinitesportsuae.com](mailto:nashad@infinitesportsuae.com)



## CHEERLEADING

Cheerleading is a fun and energetic activity where students learn basic dance routines, chants, and teamwork skills. This program helps build confidence, coordination, and school spirit through exciting performances and group activities. It's a great way for children to stay active, express themselves, and have fun with friends!

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**Term Date : May 4th - Jul 3<sup>rd</sup>**  
**YR 1-6** Monday  
3:00pm - 4:00pm

## Swimming

Elite Sports Academy is more than just the UAE's leading sports institution, it's a place where young athletes transform into confident, resilient leaders on and off the field. Celebrated as Dubai's most recognisable and successful sports academy for kids, we offer unmatched training programmes that ignite passion, unlock potential, and nurture greatness. With Football & Swimming ASA sessions available at Victory Heights Primary School, there is no shortage of sessions available for your sports stars.



**Term Date : 04th May - Jul 3rd**  
Monday / Wednesday  
**YR 1-6**  
3:00pm - 4:00pm  
Friday  
11:45 am - 12:45pm

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## BAKING

At BakingTastic, we're not just another extracurricular provider - we're pioneers in culinary education with a mission to empower young minds through the art of cooking and baking. Our program goes beyond simply teaching recipes; we're committed to equipping students with the knowledge and skills they need to make informed choices about their health and well-being.

These classes offer a structured curriculum that combines theoretical knowledge with practical hands-on activities. The program will be tailored to suit primary and secondary children. Certificates will be provided to children at the end of the term.

**Term Date : 04th May - Jul 3rd**  
**Monday**  
**YR 1-6**  
3:00pm - 4:00pm

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Sport  
Connector  
Academy

## PARKOUR

Parkour is a non-competitive movement discipline that helps teach participants to use their bodies to overcome physical and mental challenges. Practitioners use jumping, climbing and acrobatic techniques to traverse their environment. The nature of the sport builds functional strength, co-ordination, flexibility, accuracy, and balance like no other sport out there. It also teaches safety, responsibility, creative thinking and focus which are all crucial skills for young people to learn. Originally developed in France, parkour teaches students to properly navigate through obstacles in their environment quickly and creatively. Students will learn to see their environment in a new way, empowering them to navigate their surroundings in innovative ways by safely jumping, climbing, and landing, as well as emphasizing the themes of safety, strength, and perseverance.

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**Term Date : May 4th - Jul 3<sup>d</sup>**  
**YR 1-4 Monday**  
3:00pm - 4:00pm

## BALLET & ACROBATICS

Ballet- A focus on poise, elegance and grace in which dancers move with a fluid quality, with moves which have been developed over centuries.

We study the RAD Ballet syllabus designed to focus on technical ability and musicality. Annual examinations are available

Acrobatics- Acro is a physical performance art that involves a combination of balance, agility, coordination, strength, and flexibility to execute a variety of impressive and often gravity-defying movements.



**Term Date : 04th May - Jul 3rd**  
**Tuesday**  
**FS1**  
1:30pm - 2:00pm  
**FS 2**  
2:00pm - 2:30pm

**Friday**  
**YR 1-6**  
11:45am - 12:45pm

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## FOOTBALL

Elite Sports Academy is more than just the UAE's leading sports institution, it's a place where young athletes transform into confident, resilient leaders on and off the field. Celebrated as Dubai's most recognisable and successful sports academy for kids, we offer unmatched training programmes that ignite passion, unlock potential, and nurture greatness. With Football & Swimming ASA sessions available at Victory Heights Primary School, there is no shortage of sessions available for your sports stars.

**Term Date : 04th May - Jul 3rd**  
**Wednesday**  
**FS 1**  
1:30pm - 2:00pm  
**FS 2**  
2:00pm - 2:30pm

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**ELITESPORTS**  
FOOTBALL ACADEMY



## PUBLIC SPEAKING

Public Speaking helps students build confidence and communication skills through fun and interactive activities. In this program, children learn how to express their ideas clearly, speak in front of an audience, and develop strong presentation skills. It's a great way to boost self-esteem, creativity, and leadership abilities.

**Term Date : May 4th - Jul 3<sup>rd</sup>**  
**YR 1-6 Tuesday**  
3:00pm - 4:00pm

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## PERFORMING ARTS

Performing Arts ECA sparks creativity and self-expression through music, dance, and drama. Kids explore acting, singing, and movement in a fun, supportive setting. It builds confidence, teamwork, and stage presence for primary students.



**Term Date : 04th May - Jul 3<sup>rd</sup>**  
Wednesday  
**YR 1-6**  
3:00pm - 4:00pm

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## BRAZILIAN MARTIAL ARTS



Brazilian Jiu-Jitsu is more than just a sport — it's a powerful tool for building confident, disciplined, and resilient children.

Our program helps students develop focus, respect, self-control, and real self-defence skills in a safe and structured environment. Through engaging classes, children improve coordination, fitness, and mental strength — all while having fun on the mats.

Jiu-jitsu empowers students to believe in themselves, overcome challenges, and grow both on and off the mat.

**Term Date : 04th May - Jul 3<sup>rd</sup>**  
Wednesday  
**YR 1-6**  
3:00pm - 4:00pm  
**Friday**  
**FS 1 - 2**  
11:45am - 12:45pm

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# GYMNASTICS



45-60 minute sessions ideal for children aged 4-10 years old. These classes encourage and support our gymnasts in improving strength, coordination, flexibility, and building basic gymnastics movements and skills.

Our aim is to teach kids the basic skills of rhythmic and artistic gymnastics while supporting their social, physical, and technical development all in a fun and positive environment.

**Term Date : May 4th - Jul 3<sup>rd</sup>**

Thursday

FS 1

1:30pm - 2:00pm

FS 2

2:00pm - 2:30pm

YR 1-6

3:00pm - 4:00pm

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# BASKETBALL

Basketball is a fun and active sport where children learn to dribble, pass, and shoot while playing as a team. In this ECA, students will develop coordination, teamwork, and confidence through exciting drills and friendly games. It's a great way to stay fit, make new friends, and enjoy the spirit of the game!



**Term Date : 04th May - Jul 3rd**

Friday

YR 1-6

11:45am - 12:45pm

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# STEM

Premier Genie offers an engaging and future-focused after-school program in Robotics, Coding, and 3D Printing designed to develop creativity, logical thinking, and problem-solving skills. Students learn to build and program robots using Legos and explore coding through fun and interactive projects, and design real-world models using 3D printing technology. The program encourages innovation, teamwork, and hands-on learning while strengthening STEM foundations.



**Term Date : 04th May - Jul**

3rd

Thursday

YR 1-6

3:00pm - 4:00pm

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**CHESS KNOWLEDGE**  
PROFESSIONAL CHESS TRAINING  
[www.chessdubai.com](http://www.chessdubai.com)

# CHESS

Chess Knowledge Academy is the UAE's leading chess enrichment provider, delivering programmes across 60+ schools. Our sessions develop critical thinking, problem-solving, concentration, and decision-making skills through the game of chess. Students follow a structured curriculum tailored to their age and level, progressing from beginner to advanced. Our qualified coaches create a fun and engaging environment where every child is encouraged to participate, compete, and grow. Chess strengthens maths, memory, and logical reasoning while building confidence and resilience. Whether your child is a complete beginner or an experienced player, our programme offers something for everyone. Join us and discover why thousands of students across the UAE love chess!

**Term Date : May 4th - Jul 3<sup>rd</sup>**  
**Friday**  
YR 1-6  
11:45am - 12:45pm

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# HIP HOP

Hip Hop ECA introduces kids to the dynamic world of hip hop dance through high-energy moves and beats. Primary students groove to fun music, mastering steps like popping, locking, and freestyle in a lively group setting. It's an exciting way to build rhythm, confidence, and crew spirit!



**Term Date : 04th May - Jul 3rd**

Monday  
**FS 1**  
11:30pm - 2:00pm

**FS 2**  
2:00pm - 2:30pm

Tuesday  
**YR 1-6**  
3:00pm - 4:00pm

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# Timings & Days

Monday

YR	Activity	Time
YR 1-6	Swimming	3:00 - 4:00 pm
YR 1-6	Baking	3:00 - 4:00 pm
YR 1-4	Parkour	3:00 - 4:00 pm
FS 1	Hip Hop	1:30 - 2:00 pm
FS 2	Hip Hop	2:00 - 2:30 pm

# Timings & Days

Tuesday

YR	Activity	Time
FS 1	Ballet	1:30 - 2:00 pm
FS 2	Ballet	2:00 - 2:30 pm
YR 2-6	Cheerleading	3:00 - 4:00 pm
YR 1-6	Public Speaking	3:00 - 4:00 pm
YR 1-6	Hip Hop	3:00 - 4:00 pm

# Timings & Days

Wednesday

YR	Activity	Time
FS 1	Football	1:30 - 2:00 pm
FS 2	Football	2:00 - 2:30 pm
YR 1-6	Brazilian Martial Arts	3:00 - 4:00 pm
YR 1-6	Performing Arts	3:00 - 4:00 pm
YR 1-6	Swimming	3:00 - 4:00 pm

# Timings & Days

Thursday

YR	Activity	Time
FS 1	Gymnastics	1:30 - 2:00 pm
FS 2	Gymnastics	2:00 - 2:30 pm
YR 1-6	Gymnastics	3:00 - 4:00 pm
YR 1-6	Stem	3:00 - 4:00 pm

# Timings & Days

Friday

YR	Activity	Time
FS 1 - FS 2	Brazilian Martial Arts	11:45am - 12:45 pm
YR 1 - 6	Acrobatics	11:45am - 12:45 pm
YR 1-6	Chess	11:45am - 12:45 pm
YR 1-6	Basketball	11:45am - 12:45 pm
YR 1-6	Swimming	11:45am - 12:45 pm



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